

# NorthernBridges Member Bill of Rights

**I have the right** to be treated with respect including due consideration for my dignity and privacy.

**I have the right** to receive information on available treatment options and alternatives, presented in a manner appropriate to my condition and ability to understand.

**I have the right** to participate in decisions regarding health and long-term care, including the right to refuse treatment and the right to request a second opinion.

**I have the right** to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience, or retaliation.

**I have the right** to be able to request and receive a copy of my medical records, and to request that they be amended or corrected, as specified in 45 CFR 164.

**I have the right** to exercise my rights, and to be assured that the exercise of those rights does not adversely affect the way NorthernBridges and its providers or any state agency treat me.

**I have the right** to exercise all rights as stated in the NorthernBridges Member Handbook.

**I have the right** to exercise all rights in accordance with all federal and state laws that are designed for the protection of Members.

